THE CDC CORNER

SOCIAL MEDIA SPOTLIGHT

Check out our Facebook and Instagram to congratulate our newest Board Certified Behavior Analyst, Ms. Madelyn! Ms. Madelyn has been a Registered Behavior Technician of the Children's Center for Autism for four years. This past March she passed the BCBA exam! Congratulations!



HOLIDAYS

May 16	Global Accessibility
	Awareness Day
May 30	World MS Awareness Day
June 7	Tourette Syndrome
	Awareness Day
June 23	Dravet Syndrome
	Awareness Day
July 22	World Fragile X Syndrome
	Awareness Day
July 26	American Disability Act Day



Providing supports and services to children, families and individuals with disabilities while addressing the health and well-being of all persons in the communities in which we serve.

DISABILITY DAY ON THE HILL

"NOTHING WITHOUT US"

Yet another wonderful DDH in the books! The Leadership Team spent February 28th in Nashville for Disability Day on the Hill. They met with several local legislators to discuss pertinent policies that have the power to impact the disability community of Tennessee.



Local Happenings

Bedford County:

Christmas in July | 8am - 5pm on Tuesday, July 2nd & 8am - 5pm on Thursday, July 4th at the Bedford County Agriculture Center, 2119 Midland Road, Shelbyville, TN 37160



Coffee County:

Good Friends Music Fest | 5pm - 10pm on Friday, June 7th & 5pm - 10pm on Saturday, June 8th at the Common John Brewing Company, 210 Woodbury Highway, Manchester, TN 37355

Davidson County:

Music City Hot Chicken Festival | 11am - 3pm on Thursday, July 4th at East Park, 700 Woodland Street, Nashville, TN 37206

Franklin County:

High on the Hog Festival - Family Carnival | 5pm - 11pm on Wednesday, May 15th - Friday, May 17th, 12pm - 11pm on Saturday, May 18th, & 1pm - 6pm on Sunday, May 19th at Tims For Bass Club, 1561 Phillip Fulmer Parkway, Winchester, TN 37398

Giles County:

SunDrop Festival | *1pm - 10pm on Saturday, June 8th* at Historic Downtown Pulaski, TN 38478

Hickman County:

4th Annual Junebug Music Fest | *10am - 11pm on Saturday, June 1st* at The Stables Event Space, 1726 Tennessee 100, Centerville, TN 37033

Lawrence County:

Lawco Freedom Fest | 6pm - 10pm on Saturday, June 29th at Rotary Park, 927 North Military Avenue, Lawrenceburg, TN 38464

Lewis County:

Lewis County Summerfest | 7:30pm on Saturday, June 8th at Downtown Hohenwald, Hohenwald, TN 38462

Lincoln County:

Fourth of July Celebration | 9am - 6pm on Thursday, July 4th at Fayetteville Recreation Center, 1203 Winchester Highway, Fayetteville, TN 37334

Marshall County:

4th of July Independence Celebration | 8*am on Thursday, July 4th* at the Lewisburg Recreation Center, 1551 Mooresville Highway, Lewisburg, TN 37091

Maury County:

The Homestead Festival | 7am - 9pm on Friday, June 7th & Saturday, June 8th at 4765 Hardison Mill Road, Columbia, TN 38401

Moore County:

Frontier Days & SCA Cook-Off | 5pm - 9pm on Friday, June 21st & 10am - 9pm on Saturday, June 22nd at Historic Lynchburg Square & Wiseman Park, Wiseman Park Road, Lynchburg, TN 37352

Rutherford County:

Tennessee Sunflower Festival | *10am - 4pm from June 27th - July 14th* at Lucky Ladd Farms, 4374 Rocky Glade Road, Eagleville, TN 37060

Williamson County:

Franklin on the Fourth | 10am - 6pm on Thursday, July 4th at Historic Downtown Franklin, Franklin, Tennessee 37064





Around the Office

Thank you to *Good News* for featuring the Community Development Center in the February edition of the Shelbyville magazine!



"We serve our entire community of [people with disabilities] and of all abilities. We help them work, achieve their personal goals, strive for independence, and connect them with resources."

~ Anita Teague, Executive Director

Thanks to Leadership Bedford for selecting the Community Development Center as their 2024 project, *Project Little Hands*!



In October of 2023, the Leadership Bedford adult and student classes toured the Community Development Center to learn about the services we provide in South Central Middle Tennessee. After listening to our Executive Director, Anita Teague, and our Children's Center for Autism Clinical Coordinator, Rachel Rudolf, share the mission of the Community Development Center, the Leadership Bedford classes reached out to see if there was any dream project they could help the CDC fulfill. As it so happened, there was!





Thanks to the hard work, sweat equity, and dedication of the Leadership Bedford members, the Bedford Children's Center for Autism has an entirely new black chain link fence, playground equipment, rubberized tire mulch, and a pavilion. The new playground facility was unveiled at a ribbon-cutting ceremony, where State Representative Pat Marsh and Mayor Chad Graham spoke on behalf of the Bedford County community. Thank you to those who made this dream come true for the children of the Community Development Center!

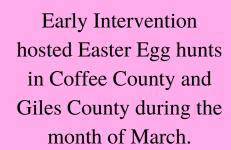


Early Intervention

The Early Intervention staff attended a Time for Teaming Day, hosted by the Tennessee Early Intervention System, this April. They loved growing closer together as professionals and as a team!











It's been a "hoppy" spring here in Early Intervention!





The Children's Center for Autism

AP

70% of Autistic individuals graduate with a regular high

1 in 36 children are diagnosed with an Autism Spectrum Disorder

April is Autism
Acceptance and
Awareness Month!
Here are some facts
all about Autism!

Autism can be reliably diagnosed by 2 years old.

Children can show early signs of autism by 12 months old. 51% of individuals with Autism are eligible for vocational rehabilitation services.

We are so excited to announce our opening of our Fayetteville location! If you are interested in joining our team, have a family interested in services, or you are interested in services please reach out at 931-684-2293 or cca@cdctn.org.

CCA Opens
Lincoln County
Location!









Spirit Week!

We've got Spirit! Yes we do! We've got spirit 'how bout you?













Looking to help support the CCA program?

Here is a list of possible donation items that CCA uses on a daily basis to help support our kids:

Laminating Paper - Velcro - Multi Colored Construction Paper - Glue - Washable Paint
Sensory Bin items like: dry rice, dry beans, dry pasta, playdoh, cornstarch, bubble wrap,

sand, colorful fish rocks, etc.

Independent Support

Coordination/TN Strong Families

In Loving Memory...

Anthony Wayne Richards, age 56, of Shelbyville, passed away January 10, 2024.

Funeral services were held at 1 PM Saturday, January 13, 2024, at Feldhaus Memorial Chapel. The burial followed at Willow Mount Cemetery.

The family received visitors at 11 AM until service time Saturday at the funeral home.

He was born September 30, 1967, in Florence, Alabama. Although born with a lot of challenges, Tony lived an enjoyable and productive life, thanks to his loving family and caregivers. He loved to go on adventures to Wal Mart and other places.



Teresa Elizabeth Hutt,

age 66, died March 3, 2024 in Hazel Green, Alabama.

Funeral services were held at 2:00 p.m. Thursday, March 7th, at Hillcrest Funeral Home. Burial followed at Hillcrest Memorial Gardens.

Visitation began at 12:00 p.m.

She was born July 6, 1957 in Tuscaloosa, Alabama; and was a resident of the Skills Development Center of Shelbyville. She loved living plants and purple flowers. Teresa was preceded in death by her parents, John William Hutt and Elizabeth Teresa Hutt and a sister, Mary Lou Hutt. She is survived by her brother, John Joseph Hutt of Owens Crossroads, Ala. and a sister, Susanna Hutt Jacks of Hazel Green, Alabama.

Family Support

When former Family Support Local Council member, Carol Jean, lost her only child thirty-year-old Mandy after a brief illness, Carol wasted no time in paying forward the blessings she and Mandy had received over the years. One such blessing was a handicapped-accessible van. Carol contacted the Family Support Coordinator and said she wanted to pass on "Mandy's van" to another family. "It was such a blessing to us, and I want another family to feel blessed," Carol explained. That family belonged to Jayda Mathis, a twelve-year-old, who too like Mandy, used a wheelchair for her mobility. The Mathis family was amazed at such a gift and recognized the immeasurable blessing they were receiving. The van not only would help with the numerous trips to Jayda's doctors but would also allow Jayda, her two younger sisters, and their parents to go places together, as a family. Mandy had cerebral palsy and 10 years earlier through generous donations from the Shelbyville Community, she and her mom were gifted the van. Surrounded by her community and friends, Carol told the Mathis family "the community gave this van to us, so we give it to you." A blessing for two families and a whole community!

From One Family... ...to Another



Thanks to Zoe Watkins of the Bedford County Post for sharing this story to the Shelbyville community.

Employment Services

=Welcome=

The Employment Services program continues to grow! The
Employment Services program added two new Employment
Specialists to our team. Please welcome Janeth Quevedo and Sarah
Martin to the CDC family!



The MAPs program continues to flourish! Since January, the Employment Services program has accepted seven referrals for the MAPs program.

M A P

We are providing
MAPs services now in
Coffee, Franklin, Lincoln,
Giles, Lawrence, and
Maury counties.

The Employment Services team began working with Hudson in September 2019 through Pre-Employment Transition Services. Hudson received Pre-ETS services at Lincoln County High School and had several work-based learning experiences while in school. After graduating from LCHS, he attended Tennessee Rehabilitation Center Smyrna where he studied Business Education. Hudson was referred back to the CDC ES team in March 2023 for Vocational Rehabilitation services. He had been working independently at a former workbased learning placement for the last three years, but wanted to find a position that used his experience in customer service and inventory management that he gained at TRC Smyrna. The Employment Specialist helped Hudson update his resume and complete job interview training. Recently, the Employment Specialist completed job development with local businesses and was able to connect Hudson with a previous Work-Based Learning employer, a local retail store. The company was very excited about Hudson's work history and Hudson's interest in working with the company again. They were excited to extend Hudson an offer of employment in their store.

Senior Equipment Loan

3 POSITION LIFT CHAIR



Every year, 3 million people aged over 65 years are treated at the emergency department for injuries from falls. Lift chairs can also improve posture. Some chairs offer lots of settings so you can choose a position that works best for you. If the chair has an elevated footrest, you can use this to reduce leg swelling and pain. You won't use as much energy getting up from a lift chair, so you may benefit from reduced fatigue, especially in the shoulders.

OVER-THE-BED TABLE

Unlike typical tables, overbed tables are dedicated to adjusting according to the users' needs. That means that users do not need to trouble strain or bend down. With that being said, individuals with limited mobility can truly find the best convenience to complete certain tasks with the help of overbed tables.



Lift chairs look like normal chairs but have a motorized part that lifts and tilts the chair forward to help you stand up.
Lift chairs help older people with poor mobility to safely rise to a standing position. These chairs are also useful for people with severe hip or knee arthritis.

Overbed tables can provide outstanding benefits for individuals who need support to manage their limited physical strength with comfort and efficiency. Overbed tables with height-adjustable tabletops benefit users to find their needed angle that corresponds to their needs.

Source: WebMD Source: AvaCare Medical

Welcome to the Team!

Mariana Sherron Janeth Quevedo **Sarah Martin** Jayme Fuller Lisa McDougal Jennifer Rutka

Bedford CCA January 29 **Employment Services** March 18 **Employment Services** April 1 **Independent Support Coordination** April 2 **Early Intervention April 9** April 15 **Independent Support Coordination**



Staff Spotlight

Learn all about Early Intervention Manager, David Fosbinder!

1. What made you choose this particular career?

I did peer mentoring in high school. It showed how much a little specialized attention could accomplish. I knew then that I wanted to work with individuals with disabilities.

2. What's one thing that you've crossed off your bucket list? What's one thing on your bucket list that you haven't crossed off vet?

I married my best friend. I want to stay married for at least 50 years.

- 3. If you could have any superpower, what would it be and how would you use it? I wish I could teleport. I could see more kids, I could fish more, and I could take my family anywhere.
- 4. What is one thing that you wish people knew about your job?

There is so much gratification in the little moments of success that most people take for granted.

5. What three words would your work colleagues use to describe you?

Energetic, Available, Scattered

6. What has been one of the most important lesson you've learned throughout your career?

Always meet people where they are.





Read All About It!



TN DECISION MAKING

Looking for resources? Check out https://www.tndecisionmaking.org/ for support!

Contact Us



Children's Center for Autism: (931) 684-2293

Early Intervention: (931) 684-9203

Employment Services: (931) 684-4269

Family Support: (931) 684-7673

Independent Support Coordination: (931) 680-0094

Main Office: (931) 684-8681





http://www.cdctn.org



https://www.instagram.com/

community

developmentcenter/





CommunityDevelopmentCenter



http://givingmatters. civicore.org

Community Development Center Foundation